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TRIPLE P WEBINAR SERIES



Raising Screen Smart Teens

23 & 30 July 2026
7.00pm - 9.30pm (Thur)

Online via Zoom

For parents with a child aged 13 - 16 years old

Discover how to

- Create structure and routines that supports learning and balanced screen use
- Develop practical strategies to manage screen-related challenge
- Raise curious, confident and resilient children

Triple P is an **evidence-based parenting programme** that gives parents **practical strategies** to support their child's emotional, social, and psychological development. In this seminar series, we are focusing on positive parenting strategies to help **manage children's screen time and build healthy, balanced technology habits.**

Register Now!

https://go.gov.sg/tpl2sec-jul26

For enquiries, contact us at
famforlife@allkin.org.sg

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